CALIFORNIA SLEEP SOCIETY

Newsletter
Volume 1 Edition 1

June 2008

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Acknowledgement:

The California Sleep Society would like to acknowledge Mr. Ted Thurn and Ms. Taylor Frawley from the AASM for their support and contributions toward the creation of the Society.

Message from the Interim Board

The Interim Board is comprised of the following people: Clete Kushida, M.D., Ph.D., RPSGT (President), Al Reichert, RPSGT (President-Elect), Michael Salemi, RPSGT (Secretary-Treasurer) , with the board of directors listed as: Michael Cohen, M.D. (3 year term), Paul Selecky, M.D. (3 year term), Milton Erman, M.D. (2 year term), Alon Avidon, M.D., (2 year term), Sharon Keenan, Ph.D., RPSGT (1 year term), Glenn Roldan, RPSGT (1 year term), and Kimberly Trotter, RPSGT (1 year term). The interim board was created to provide a swift response to actions by the Respiratory Care Board.

Meet the Interim Board

Clete Kushida, M.D., Ph.D., RPSGT serves as the Acting Medical Director of the Stanford Sleep Disorders Clinic and Director of the Stanford Center for Human Research. He also serves as the President-Elect of the American Academy of Sleep Medicine. His email is: clete@stanford.edu

Al Reichert, M.A., RPSGT serves as the Manager for Sequoia Hospital Sleep Disorder Center in Redwood City. His email is: al.reichert@chw.edu

Michael Salemi, RPSGT serves as the General Manager of California Center for Sleep Disorders based in Alameda. His email is: msalemi@sleepdx.com

Alon Avidan, M.D. serves as the Associate Director of the UCLA Sleep Disorders Center and Director of Neurology Ambulatory Services at UCLA. His email is: avidan@mednet.ucla.edu

Paul Selecky, M.D. serves as the Medical Director of Hoag Hospital Sleep Disorder Center in Newport Beach. His email is: pselecky@hoaghospital.org

Michael Cohen, M.D. serves as the Medical Director of the Contra Costa Sleep Center based in Walnut Creek. His email is: mlcohen@aol.com

Milton Erman, M.D. serves as the Medical Director of Avastra based in San Diego. His email is: merman@avastra.com

Sharon Keenan, Ph.D., RPSGT, REEGT serves as President and Director of the School of Sleep Medicine in Palo Alto. Her email is: sak@sleepedu.net

Kimberly Trotter, RPSGT serves as the Clinical Manager at UCSF Sleep Disorders Center. Her email is: Kimberly.trotter@ucsfmedctr.org

Glenn Roldan, RPSGT serves as the VP of Clinical Operations of N2Sleep, LLC. His email is n2sleep@aol.com

Legislative Updates

Senator Don Perata

The California Respiratory Care Board (RCB) voted unanimously in August 2007, to begin issuing citations and fines for the unlicensed practice of respiratory care associated with polysomnography. Fines can reach up to $15,000 per offense, affecting both unlicensed practitioners and employers of these practitioners. The RCB originally issued five citations, but as of this report, these citations have been placed on hold.

The RCB is interpreting the phrase "maintenance of the natural airways" in Section 3702(2)(d) of the Respiratory Care Practice Act as their justification that only licensed respiratory therapists can perform CPAP, BiPAP and O2 titrations.

The CSS, with the support of the AASM and AAST, has been instrumental in working with legislative leaders to resolve the RCB issue. Earlier this year, legislation, backed by CSS, was introduced in the California Senate to counteract the RCB's actions. The bill would allow for certification of sleep technologists, thus giving recognition that they are an independent profession and not subject to the authority of the RCB. Senate Bill 1526 was introduced on Feb. 22, 2008, and is sponsored by Senate President pro Tem Don Perata. We will keep members posted as the bill continues to move through the legislature.

Portable Monitoring

The Centers for Medicare and Medicaid Services (CMS) published its final decision in March of this year in connection to portable monitoring as it relates to OSA diagnosis for the purposes of coverage of CPAP equipment. The decision memo is available for review through the following link:
https://www.cms.hhs.gov/mcd/viewdecisionmemo.asp?from2=viewdecisionmemo.asp&id=204&

Education Update

The Membership and Education Committee would like to present the following program in the latter part of 2008 which is still in the process of being fully developed. Please review it and give us your feedback:

CALIFORNIA SLEEP SOCIETY-EDUCATIONAL PROGRAM
Day 1

0800 – 0815	Welcome address – CSS President
0815 – 0900	Sleep and the General Practitioner
0900 – 1000	Sleep Related Movement Disorders
1000 – 1015	***Break***
1015 – 1100	Complex Sleep Apnea
1100 – 1200	Overview of Filters
1200 – 1300	**Lunch**
1300 – 1400	AASM Scoring Rules (Part I)
1400 – 1500	AASM Scoring Rules (Part II)

1500 – 1515 ***Break***

1515 – 1600 Portable/Ambulatory Monitoring

1600 – 1700 CSS Meeting (legislative updates)

1700 – 1800 **Wine & Cheese Get-Together**

1800 – 2000 **Dinner**

CALIFORNIA SLEEP SOCIETY-EDUCATIONAL PROGRAM
Day 2

0800 – 0900 Surgical Approaches to Snoring & Sleep Apnea

0900 – 1000 Pediatric Sleep

1000 – 1100 Parasomnias

1100 – 1200 The Future of Sleep Medicine

1200 – 1300 Pulse Transit Time and the Flow Volume Loop

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☐ Yes! I'm interested in attending the first California Sleep Society Educational Meeting on a ***date to be determined*** at a ***location to be determined***.

Name: _____

Address: _____

City/Zip: _____

Contact #: _____

Email: _____

CSS Member? ☐ Yes ☐ No

Registration Fee: $100 (members)
$150 (non-members)

Please mail this form to California Sleep Society, 2940 Whipple Avenue, Suite A, Redwood City, CA 94062 or email your response with your mailing address/contact phone and email to Glenn Roldan, RPSGT, Membership Task Force Chair at n2sleep@aol.com.
Please do not send your registration fee at this time.

Membership

The California Sleep Society, founded on January 26, 2008, is steadily growing in membership. By joining the California Sleep Society you will be afforded greater access to local and regional educational opportunities, professional development, and political advocacy. The cost of membership is only $25.00 per year. That's just $2.00 a month which goes a long way in establishing a professionally reputable organization for sleep professionals in California. Thanks to the California Sleep Society and the AASM Senate Bill 1526 is advancing through Congressional hearings and potentially will have an impact on the profession of polysomongraphy at large. Joining the California Sleep Society now will allow you the opportunity to make a difference and to take part in the history of this new society. We encourage every Sleep Technologist and Physician in California to join us in creating a society that represents and advocates for sleep technology and sleep medicine in our wonderful state. Membership applications can be obtained from the California Sleep Society's website at http://www.casleepsociety.org/

Task Force Committees

All members of the CSS are encouraged to join a Task Force.
Together we can help build our society. Here are the current Task Forces and Chair for each Task Force:

Membership:	Glenn Roldan, RPSGT – Chair
Education:	Alon Avidan, M.D. – Chair
Home Studies:	Michael Cohen, M.D. – Chair